## BREAKFAST MENU

From 7:30am-until 11:30am Monday-Friday

Groundstone source and use the best quality ingredients that are in season and available locally where possible.

Please inform our team upon ordering if you have specific dietary requirements. Items can be made or alternated to be Gluten Free (GF) unless stated otherwise.

<b>Toasted Sourdough</b> Toasted sourdough (2) served with Groundstone Jam. Agrestic Grocer Peanut Butter. Vegemite <b>or</b> Local Honey	\$10.50	<b>Seasonal Smoothie Bowl</b> Our Seasonal Smoothie bowl is Gluten Free and Dairy Free. Please see our menu board for this week's flavour.	\$POA
<b>Eggs on Sourdough</b> Poached or Fried eggs (2) served on toasted sourdough (2) with house seed mix. (Eggs Poached, Fried or Scramble +\$2)	\$15.50	<b>Groundstone Benny</b> Two (2) poached eggs. spinach. bacon and house hollandaise sauce. Served on toasted sourdough (2). (swap to smoked salmon \$27.50 or to ham \$23.50)	\$27.50
<b>Bacon and Eggs</b> Poached eggs (2) and bacon served on toasted sourdough (2) and topped with house seed mix. (Eggs Poached, Fried or Scrambled +\$2) +hollandaise sauce \$4	\$21.50	Sweet Waffles Groundstone House Gluten Free Waffle (1). poached local apple and rhubarb. cinnamon. creme patissiere. shortbread crumble. Canadian maple syrup (GF) +bacon \$6.00	\$22.50
<b>Bacon and Egg Roll</b> With Groundstone tomato relish served on a toasted potato bun. +cheese \$2 +hashbrown (3) \$5.50 +avocado \$6.00	\$16.50	<b>Savoury Waffle</b> Groundstone Gluten Free Waffle (1). bacon. fried eggs (2). house espresso bbq sauce. bacon crumb. Canadian maple syrup (GF/DF) +chorizo \$6.00	\$21.50
<b>Groundstone Brekkie Roll</b> Housemade sausage patty. bacon. fried egg (1). spinach. caramelised onion. cheese. Groundstone espresso bbq sauce. served on a toasted potato bun.	\$22.50	<b>Tomato Bruschetta</b> John's balsamic roasted heirloom tomatoes, lemon ricotta. basil. toasted pepitas. served on SugarMill toasted ciabatta (1). (available GF/DF on request, Veg)	\$22.00
<b>The Feast</b> With bacon, chorizo sausage, poached eggs (2), slow roasted tomato, hashbrowns and field mushrooms. Served on toasted sourdough (2). +hollandaise sauce \$4	\$28.50	Veggie Health Bowl Our seasonal and local mixed vegetarian bowl, please see our specials board for this weeks bowl. Served with toasted sourdough (2) and poached eggs (2). (Veg)	\$26.50
<b>Corn Fritters</b> Corn fritters (2). heirloom tomatoes. pico de gallo. avocado crema. fetta. coriander ( <b>GF, can not be Vegan)</b> +bacon \$6.00 +poached egg \$2.50	\$19.50	+halloumi \$5.50 +hashbrown (3) \$5.55	

G R O\U N

## Dietaries: GF (Gluten Free). DF (Dairy Free). Veg (Vegetarian)

Although we do not have a delegated children's menu, many of our dishes can be made at a smaller size for children. Alternatively we are happy to arrange a dish based around our menu for your child. Please chat to our team.

> Extras: prices and produce availability may vary depending on seasonal availability Mushroom / Roast Tomato \$4.50, Bacon / Chorizo / Grilled Chicken / Smoked Salmon/Avo \$6.00, Halloumi / Hashbrown (3) \$5.50, Poached/Fried egg \$2.50ea. Hollandaise Sauce \$4 Extra bread / toast / aioli / sauce / relish / maple syrup / gluten free alternate \$2

PLEASE ORDER AND PAY AT THE COUNTER. SEE DISPLAY FRIDGE FOR CAKES, SANDWICHES AND SPECIALS AVAILABLE ALL DAY

## **DRINKS MENU**

We are a licenced venue and serve alcohol from 10am daily.

Please see our counter display board for soft drink , local wine, cider and beer availabilities.

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COFFEE		CUP	MUG
Cappuccino, Flat White, Latte, Chai Latte, Hot Chocolate			\$5.00
Long Black		\$4.00	\$4.50
Espresso		\$3.50	
Piccolo, Machiatto		\$4.00	\$6.50
Cold Brew (Cold) & Batch Brew (Hot) 1 size			
		SMALL	LARGE
Iced Latte (with cold milk and vanilla syrup) Babychino		\$5.00	\$7.50
Babyenino		\$3.00	
TAKEAWAY	SMALL	MEDIUM	LARGE
Cappuccino, Flat White, Latte, Hot Chocolate	\$4.50	\$4.80	\$5.00
Bring your own take away cup Save <b>\$0.20</b>			
Milk Alternative - Soy, Almond, Lactose Free, Oa	t Add \$1.10		
Syrups - Vanilla, Caramel, Hazelnut Add <b>\$0.80</b>			
Extra shot of coffee Add <b>\$0.80, Change to Deca</b>	r Add \$0.50		
ΤΕΛ			
TEA		· .	\$4.50
<ul> <li>English Breakfast, Earl Grey, Lemongrass &amp; Ging</li> <li>Groundstone x StressFree Tea Co - 'The Motif</li> </ul>	-	-	
apples, Cowra oranges, lemon balm, elderflo	-	-	
Chai brewed with honey & milk		Jerry reary	\$5.50
MILKSHAKES			
	ny Panana Lir	mo	\$9.00
Chocolate, Vanilla, Caramel, Hazelnut, Strawber Kids Flavored Milk (flavours as above)	iy, Dahaha, Lii	ne	\$4.50
JUICE (FRESHLY SQUEEZED)		KIDS	LARGE
		\$5.00	\$9.00
Orange or Apple Green (made with - Apple, Cucumber, Celery,		\$6.00	\$9.50
Kale, Lemon, Ginger)			
SMOOTHIES (ONE SIZE ONLY. SERVED O		MILK)	¢10.00
1. BananaRama - banana. dates. honey (add cocoa		-	\$10.00
2. BerryCool - berries. banana. mint. lemon		η copioso · ψz	
SOFT DRINKS			<b>4</b> / <b>4</b> - <b>4</b>
Mixed varieties (please see front counter display	<i>(</i> )		\$4.80-\$6.00
Mineral Water 250ml/500ml			\$4.50/\$6.50 \$3.50
Still Spring Water			<b>⊅</b> 3.30